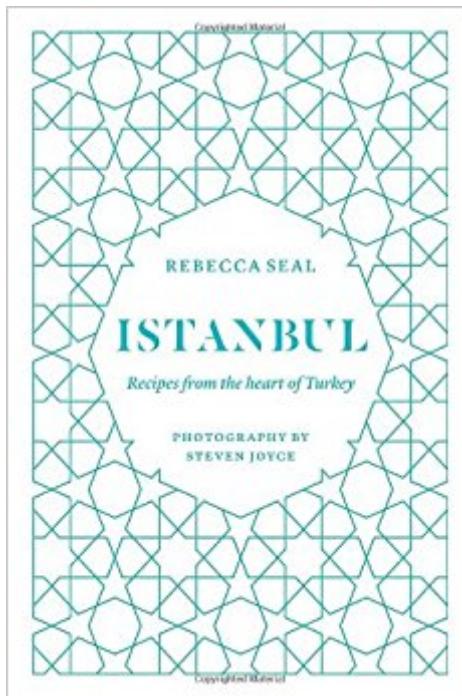


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# Istanbul: Recipes From The Heart Of Turkey



## Synopsis

The food of Istanbul is as rich, colourful and multilayered as the ancient culture that created it. Rebecca Seal successfully manages the unimaginable: bringing it to us in its full magnificent glory.' - Yotam Ottolenghi, author of *Plenty* and *Jerusalem*Walk the streets of Istanbul and you'll see a city of wonderful contradictions: step out of a stylish modern bar and you're likely to turn a corner and find lamb kebabs roasting over coals on a tiny food cart, in the shadow of towering minarets. This fascinating place, where East meets West and Europe borders Asia, inspired Rebecca Seal and Steven Joyce to create *Istanbul*, a food tour of the city. From simple meze dishes to fragrant Ottoman-era stews, Istanbul is full of over 90 mouth-watering recipes, from breakfast to dinner, side dishes to dessert. Start your day with Spiced Scrambled Eggs or Fresh Fig Jam and Yoghurt, and for dinner try Roasted Eggplants Stuffed with Spiced Lamb, crunchy Fennel Salad with Radishes and Sumac, or Chicken with Apricots and Almonds - these authentic dishes will transport you to the kitchens of Istanbul. Table of ContentsIntroductionKey IngredientsKahvalti - BreakfastPideler've Hamur Isleri - Breads and Savoury PastriesMeze've Salatalar - Mezes and SaladsEt've Balik - Meat and FishSebze Yemekleri - Vegetables and SidesCesni - Pickles and GarnishesTatlilar, Pastalar've Icecekler - Desserts, Cakes and DrinksIndexAcknowledgements

## Book Information

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## Customer Reviews

Rebecca Seal is a journalist, editor, TV presenter, and author based in London. Her work has been published in the *Guardian*, *Times*, *Sunday Telegraph*, *Glamour*, *Grazia* and more in the UK, as well as the *Globe and Mail* internationally. Steven Joyce is a photographer whose work has featured in countless newspapers, magazines, and books.

Bought this as a gift for my daughter who had just visited Istanbul. The pictures are wonderful and the recipes seem to be "make-able". There is also lots of information about the city and culture related to the food. I may borrow this book from her!

Bought this as a gift for a someone who have traveled extensively in Turkey -- so they wanted a authentic cookbook. They loved it!

A very great pleasure to read. The photographs are excellent, and the recipes I have tried so far are wonderful.

not enough new twists--already had many of the recipes--more photo's might have compensated  
Front binding of my copy split after the first reading--shoddy not a great value

Author is someone who travels around and writes cookbooks but who has not been brought up with any understanding of the cuisine. There are better Turkish cookbooks (Ozan, Ilkin, Algar). Written for a British audience, the recipes often include ingredients or cuts of meat that are difficult to find in the US, also the cooking temperatures are sometimes in Celsius. Nice pictures, however.

Such a beautiful cookbook with gorgeous images and recipes. Note that I haven't actually made any of the recipes yet (I generally just buy cookbooks for inspiration and ideas to create my own dishes), but this one is full of beautiful things to make. A great coffee table or gift cookbook, too

The text is comprehensive; the pictures are lovely. It was given to a friend as a gift so I hope to taste the food when I next visit her.

I love it

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